

47 Things Teens Can Do For The Environment

Book Intro

You've probably heard it all before: air pollution, global warming, landfill overflow. Everywhere you turn, people are talking about how much our poor planet is suffering. At first, it seems interesting. Maybe you want to know more about what's happening to the Earth. Then, it's a little frightening. Is the problem already too big to do anything about? And, in the end, maybe it's even a little annoying. Can we just stop talking about it and do something already?

That's why *47 Things Teens Can Do for the Environment* was written: To tell you about what's going on, reassure you that even small things can help, and tell you how to start taking action—today.

This isn't to minimize global warming. When the only planet we have is rapidly getting warmer, we've got a pretty serious problem. Because of air pollution and deforestation, glaciers are melting and oceans are rising and the plants, animals, and people on the planet are at great risk.

Our planet is also quickly filling up with trash. It's not only taking up valuable living space, but it's leaking into our lakes, rivers, and oceans.

The good news is that there is something we can do about it—lots of somethings, actually— and since you are the next generation (who will inherit the planet!) it has to start with you. You don't have to completely overhaul your lifestyle tomorrow in order to help the environment. First, get informed. Then start making small changes, one at a time.

In this book, you'll find loads of facts and ideas to help the Earth at home, in school, and out in the world. You don't have to do them all. That's not even realistic. Just do what you can.

Remember that every little step you take really does make a difference, especially if all six and a half billion people in the world take their own little steps, too.